



# Exceptional CARING

## The RMHF Gratitude Report

### Our Mission:

"Partnering with our donors and the community to support exceptional care."

### Our Vision:

Inspired donors advancing care close to home.

Spring  
2021

### What's Inside:

Giving patients their best chance for brighter tomorrows

Introducing the Auxiliary's newest FUN-raiser

Ten years after a life-saving CT scan: Reconnecting with Alana

Caring through COVID: how RMH is evolving care for the community

Exactly 20 years ago, patient care was transformed with our community's first CT scanner. Today, donors continue to be ...



When general surgeon, Dr. Jamie McNabb, joined the RMH team 20 years ago, he wasn't the only new addition. The community was also celebrating the arrival of its first CT scanner. It was donors who made it possible to buy the first CT scanner 20 years ago, and the second CT scanner 10 years ago.

With scientific advancements and the 24/7 use of our CT scanner, it's imperative that it be replaced with a new, state-of-the-art model once again. With the help of Dr. McNabb, the RMH Foundation is delivering letters throughout the City of Kawartha Lakes, inviting you to be **Partners in Precision Care** by supporting this essential acquisition.

"To localize internal bleeding, to diagnose blood clots and stroke, and to guide cancer treatments, CT imaging is our partner in precision care," said Dr. McNabb. "With your help, we will keep indispensable medical technology right here at home."

The next generation of CT will begin with the installation of the Somatom Edge Plus in May/June. This advanced science will broaden our community's imaging capability with lower radiation doses.



First CT delivered Feb. 13, 2001



The community celebrated with an open house on April 20, 2001. The ribbon was cut by (left to right) RMH Board Chair Brenda DeKoker, RMH CEO Tony Vines, MPP Chris Hodgson, Chief of Radiology Dr. Bruce Feaver, CT Technologist Colleen Patton, Mayor Art Truax, Foundation Board Chair Drew Gunsolus.

## True Blue: Volunteers doing their part

The pandemic continues to impact the RMH Auxiliary, with most volunteers asked to stay home to help prevent the spread of COVID-19. Before Christmas, volunteers were thrilled to re-open the Reflections Café and Gift Shop (until the provincial lockdown), where proceeds support the Auxiliary's fundraising pledge to the RMH Foundation.

The pandemic delayed the presentation of the Auxiliary's 2019/20 gift to the Foundation, which usually takes place in June each year. On Dec. 7, Auxiliary Vice President Anne Botond was joined by Gift Shop Manager Shari Nash and Café Volunteer Carole Glass to present a cheque for \$150,000 to Erin Coons, RMH Foundation CEO and Kelly Isfan, RMH President and CEO. These funds support medical equipment needs including anaesthetic gas machines and arthroplasty (joint surgery) equipment used in the operating suites.

"It is a pleasure to be able to present this much needed support for the acquisition of capital equipment," said Anne Botond. "The hospital's equipment needs are not met through government funding. It is through donations that we keep our hospital well equipped and serving the community in an exemplary fashion."

"The Ross Memorial's volunteers are family, indispensable to the hospital team," said Erin Coons. "We send each and every Auxiliary member our sincere thanks."

## FLATO Developments supports exceptional care in the community

The owner of FLATO Developments Inc., Shakir Rehmatullah, knows that to build communities it takes a strong commitment to community service. The FLATO team has plans to develop neighbourhoods in the Lindsay and Cameron areas. To make those neighbourhoods even better, Rehmatullah is enhancing local patient care with a gift to the RMH Foundation. On Mar. 22 Rehmatullah was joined by City of Kawartha Lakes Mayor Andy Letham outside Ross Memorial Hospital to present a \$25,000 donation to the RMH Foundation.

"We recognize and value the importance of keeping our communities healthy and safe, which is why we're so excited to be supporting Ross Memorial Hospital," said Shakir Rehmatullah. "When we build communities, we support communities. In Kawartha Lakes, we look forward to continuing to partner with and support community organizations to achieve their goals that will make the community better for everyone."



Shari Nash, Erin Coons, Anne Botond, Kelly Isfan and Carole Glass celebrate the Auxiliary's 2019/20 contribution to the RMH Foundation from the Gift Shop.



Andy Letham, Erin Coons and Shakir Rehmatullah of FLATO Developments

## Boyer Family helps RMH patients have Brighter Tomorrows

The Boyer family knows that businesses and communities support each other and grow together. Over the past 40 years, as the Boyers grew their group of auto dealerships, they've taken care to give back to the communities where they work and live by supporting local causes. On Mar. 22, Brandon Boyer and Joe Hotrum of Boyer Chevrolet Lindsay presented a gift of \$2,000 from the Boyer Family Charitable Fund. The donation will help the community purchase a new CT scanner with advanced capabilities.

"Supporting the community in which we operate has always been a top priority for my family," said Boyer. "We are so lucky to have such a great hospital right here in Lindsay, so we're happy to support in any way we can!"



Brandon Boyer, Joe Hotrum and Erin Coons

## Dunsford Lions support Brighter Tomorrows



Walter Jancsik, Rob O'Malley, Ray Kirkby, Erin Coons and Tim Murdoch at RMH

The pandemic may have changed the way we go about our lives, but the Dunsford Lions Club is proud to report that "the Lions are still active" according to president Tim Murdoch. With a mission to support neighbourhood needs and community causes, the Dunsford Lions were quick to react when they learned that the Ross must replace its CT Scanner.

"Some of our members have had need of the CT Scanner over the years, and as always, we want to support the hospital," said Tim. On Dec. 22, 2020, Tim was joined by members Walter Jancsik, Rob O'Malley and Ray Kirkby to present a cheque for \$2,500 for the Foundation's Brighter Tomorrows holiday appeal.

## Fenelon Falls & District Lions enhance exceptional care

Where there is a need, there is a Lion. The RMH Foundation is honoured to be among the many community causes supported through the Fenelon Falls and District Lions Club's generosity. Since 1996, the club has donated \$31,000 to support hospital needs in the operating rooms, the Dialysis Unit, the Palliative Care Unit and the Diagnostic Imaging department.

On Dec. 22, 2020, the Lions visited the hospital to present another special donation — this one in memory of Don Johnstone, a 20 year club member who passed away this year. President Barry Tate and members Susan Tate and Lloyd McIntyre presented a cheque for \$500 to Erin Coons, to help the community purchase a new CT Scanner.



Lloyd McIntyre, Susan Tate, Erin Coons and Barry Tate gathered in the RMH lobby

## Caring through COVID-19

### RMH continues to meet the community's pandemic needs



The Ross Team is happy to see RMH volunteers among those coming to the Lindsay EX for vaccinations. The volunteers, including Anna Eyre (above), have been doing their part by staying home. We all look forward to seeing them back at the Ross soon.

When the pandemic first reached our region back in March 2020, the Ross Team mobilized to meet the community's needs. This began with new safety protocols for patients, visitors and the healthcare team. With screening procedures, masks for everyone entering the hospital and careful instructions how to access care and services, the team is helping to control the spread of COVID-19 in the community.

The Ross Team worked closely with health system and community partners, including the HKPR District Health Unit, the Kawartha Lakes Paramedics and municipal officials to set up a COVID-19 assessment process. This has involved locations at the Lindsay EX, outside the hospital during good weather, and inside the hospital in the cold months. The COVID-19 assessments are ongoing and by appointment. Information is available at [www.rmh.org](http://www.rmh.org).



Members of your community COVID-19 Vaccination Clinic team at the Lindsay EX



The hospital reached out to support the teams and residents at long term care homes that were struggling with outbreaks of COVID-19. Staff and resources were deployed to Pinecrest Nursing Home in Bobcaygeon and Caressant Care McLaughlin in Lindsay, to provide their teams with nursing, cleaning, infection prevention and leadership support, while coordinating isolation and contact tracing requirements with the Public Health Unit and Ministry of Health.

The most recent outreach effort involves the establishment of the COVID-19 vaccination clinic at the Lindsay EX. Since March 18, the Ross Team has worked with Kawartha Lakes Paramedics and the Public Health Unit, vaccinating approximately 500 people per day.

Like you, we look forward to brighter tomorrows. With you, we will make it happen. Thank you for your encouragement and support.

## RMH serves up healthy patient meals in modernized kitchen ... thanks to you!

The RMH Nutrition Services team is energized to be preparing patient meals in a modernized kitchen — and exceptionally grateful for the donor support that made extensive renovations possible.

The hospital's kitchen was part of a \$7 million expansion that opened in 1960 and brought the hospital's bed capacity to 139. While the hospital has grown significantly since then, the kitchen has only seen minor upgrades over the years. This is where the Nutrition Services team prepares approximately **400 inpatient meals every day**.



With funding from the RMH Foundation, construction began in the kitchen one year ago and was completed in phases to allow for continued food preparation for patients. Work included replacing and relocating the vast exhaust hood system with a state-of-the-art system, a new kitchen layout to improve workflow and accommodate new work areas including a hot food preparation area. The kitchen features modern flooring and ceiling materials that are IPAC (Infection Prevention and Control) approved, and a new hand-wash station.

“At the Ross, we believe that food is medicine. Healthy meals help our patients gain their strength and recover from injury or illness,” said Kelly Isfan, RMH President and CEO. “People in the community may never see the hospital's kitchen, but the work that happens there plays a big role in their care. I'm proud of our Nutrition Services team for persevering during this year of combined challenges with both construction and COVID safety measures impacting the department at the same time. They deserve a modern kitchen space for their top-notch work.”

“Thanks to our generous community, the Foundation is able to help fund the hospital's priority projects and improve patient care at the Ross,” said Erin Coons, RMH Foundation CEO. “Together with our donors and community partners, we will continue to build the future of local health care and grow services close to home.”

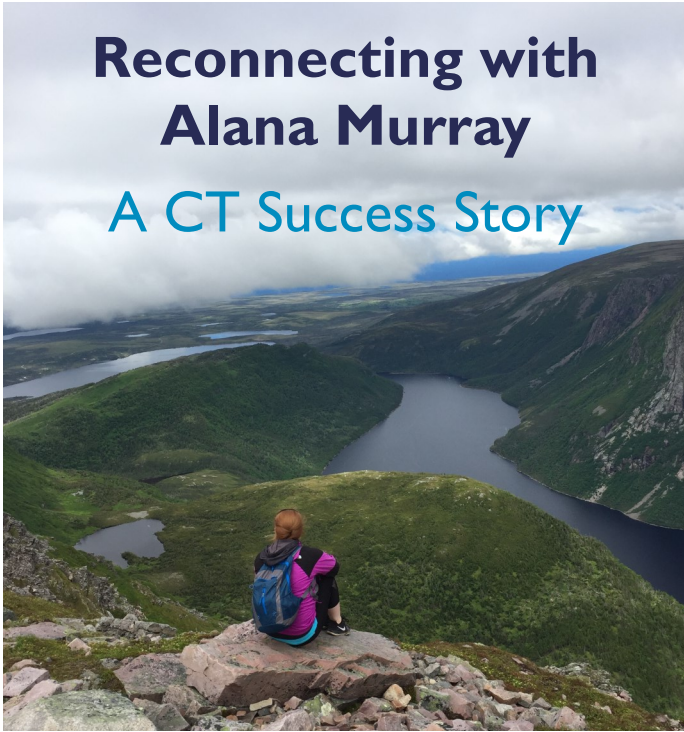
“Our team is so grateful to the Foundation for helping to fund the much-needed kitchen renovation,” said Christine Wood, Nutrition Services Manager. “Once the last phase was complete you could feel the relief — everyone was so happy! When you walk into the department it's so bright and clean, providing a great working space.”

**The RMH Foundation provided \$1.25 million toward the almost \$1.7 million cost of the kitchen project.**



## Reconnecting with Alana Murray

### A CT Success Story



It was donors that helped the Ross Memorial purchase its first CT Scanner 20 years ago. And its second CT Scanner 10 years ago. Alana Murray's family remembers *that* time vividly.

Alana's hair-raising health story was featured in the RMH Foundation's 2010 spring appeal letter. It was her family's profound gratitude for the exceptional care she received that inspired them to share their tale and help others.

**It is thanks to a CT scan and quick action by the Ross team that Alana is alive and well today.**

Alana was 16 when she required knee surgery due to a sports injury. The surgery went well;

however, three days later Alana had a seizure. Her parents rushed her back to the hospital where she had a CT scan. The test showed what was either a tumour or an arterial venous malformation (AVM). Alana was transferred immediately to the Hospital for Sick Children, where one of the top paediatric neurosurgeons in Ontario confirmed that Alana had an AVM in her brain.

An AVM is a congenital, tangled knot of veins and arteries which affects both the blood flow and pressure. In Alana's case, it was the size of a loonie. The stress of surgery had aggravated the AVM and caused the seizure. Usually, people don't know they have an AVM until it ruptures, causing a bleed on the brain that can be fatal if not treated immediately. Alana was lucky.

And with the help of advanced CT and MRI technology to guide surgeons at Toronto Western Hospital, the AVM was successfully removed – on what would have been Alana's first day of grade 12. Today, Alana is 28 years old and loving her career as a Rehabilitation Assistant at a hospital in Newfoundland. She says it's the time she spent in rehabilitation herself that sparked her interest in this kind of work. Her experiences help her connect with patients.

When asked about her health scare, Alana says that sometimes it feels like it happened not that long ago and sometimes it feels like a different lifetime. What doesn't change is Alana's appreciation for the imaging technology that saved her life. "It's life changing. That piece of equipment turned on a lightbulb to me. People can take medical equipment for granted sometimes. I know exactly how important it is. Doctors monitored my condition for five years after my brain surgery, but now I have no restrictions. I can just go on with my life."

Exactly ten years after her life-saving surgery, Alana was on the ocean, kayaking with friends. It wasn't until later that she realized the significance of the date and contemplated how much had changed in ten years. Like her family, Alana believes in helping others. When she heard that the RMH Foundation is fundraising to buy a new CT Scanner for the community, she was quick to offer her help – even from Newfoundland. Alana hopes that she can shine a light on this important need and by inspiring support, save even more lives at her hometown hospital.

## Given with compassion. Accepted with thanks. Used with care.

When we lose someone dear to us, it can be comforting to share stories of happy times, and to remember the things that made them so special. Often we want to do something special in their memory.

**The RMH Foundation is grateful for the generous donations made in memory of these special people:**



**These gifts were made between October 2020 and January 2021**

Raymond Andrews  
Roy Bassett  
Irene Bell  
Devon G. Biddle  
Gerardus P. Bos  
Barb A. Brasier  
Kathleen Brasier  
Dave Brasier  
Shelley Breedon  
Dennis Coppins  
Margaret Corner  
Rosa Crowe  
Janice Cunnington  
Lorraine Demelis  
William Dewsbury  
Wayne Downes  
Julia M. Dudman  
Brian Durbin  
Doris J. Eberts  
Edith E. Ehlebracht  
Fiore Fattore  
Roxy Ferguson  
Jacqueline Francis

David H. Hamilton  
Barbara J. Hanes  
Carol F. Hawkins  
Edna C. Hawkins  
John Hawkins  
Elizabeth A. Hood  
Harold D. Hopkins  
Adele M. Hopkins  
Robert S. Innes  
Robert E. Jamieson  
Kevin J. Jones  
Ruth E. Jones  
Donna L. Kangus  
Olga Kiriakou  
Teena Kuypers  
Henry T. Lafferty  
Kenneth G. Lowes  
Donald Lowrey  
Kenneth R. Maud  
Doreen F. McArthur  
Stephen D. McCabe  
Ronald McCausland  
Keith McGregor

Larry Mennell  
Linda Mercer  
Benjamin G. Moffatt  
Janice Moore  
Anna Marie Morgan  
Edward Murphy  
Lillian Nickerson  
Irene Norris  
Stanley J. Norris  
Thomas O'Brien  
Brenda O'Keefe  
John F. Parker  
Anne Patrick  
Donald W. Perrin  
Gwendolyn A. Pollard  
Allan R. Ray  
Debbie Raymer  
Albert D. Rodgers  
Anne Rowsell  
Barbara Rowsell-Arnup  
Wilfred Scrivens  
Evelyn Scrivens  
Evan Smith Romeril

Henry L. Southern  
Olive Swift  
John D. Tamblin  
Douglas Tasich  
Merle E. Therien  
Howard Tremaine  
Kenneth C. Trodd  
Frederika C. van Dijk  
Kathleen A. Van Fleet  
Katherine Van Hulstyn  
Samuel Van Hulstyn  
Loc Van Nguyen  
Ronald Wallace  
Vincent Warrilow  
Margaret A. Warrilow  
Jessie West  
Kathleen White  
Mildred E. White  
R.J. White  
Dawn Williams  
Hielke Wolthuizen  
Rose L. World  
Jane Wright

## Donations made in honour of someone special or in celebration of a milestone event have a ripple effect

A celebration gift to the RMH Foundation expresses to others how much you care. With a celebration gift, you can recognize a loved one's special day or big event, or show gratitude to someone who provided you with exceptional care at RMH. You can mark the occasion and benefit the community through enhanced care at the Ross!



**The Foundation appreciates the donations that were made in honour of the following people:**

**Larry Hope**

**Betty Y. Mitchell**

**Alana Murray**

For more information on Memorial or Celebration Giving, please call the Foundation at 705-328-6146 or email [foundation@rmh.org](mailto:foundation@rmh.org).

We respect your privacy

At the RMH Foundation, we are committed to protecting the privacy of our donors.

We value our donors' trust and recognize that maintaining this trust requires that we be open and accountable in our treatment of the information that you choose to share with us.

We protect your personal information and adhere to all legislative requirements with respect to protecting privacy.

The information you provide will be used to deliver services and to keep you informed and up to date on the activities of RMHF, through periodic contacts.

**How to contact us:**

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Charitable Registration  
Number

11912 4121 RR0001

The RMH Auxiliary  
invites **you** to play ...

The Ross Family & Friends 50/50 Raffle is the newest in a long list of Auxiliary fundraisers promising good fun for a great cause: supporting urgent equipment and capital needs at the Ross Memorial Hospital.



*"With the pandemic affecting so many of our traditional ways of fundraising for the Ross, we're thrilled to ignite support with a raffle that involves the Ross Team and our community," said Karen Simser, chair of the RMHA 50/50 Raffle Committee. "In this 50/50 fundraiser, half of the funds are presented to the draw winner, and the other half supports hospital needs through annual donations to the RMH Foundation."*

"We couldn't be happier to see how the Auxiliary's raffle is brightening spirits at the hospital, and we're excited to include the community going forward," said Erin Coons. "We consider so many people to be Ross family and friends. And together, we make our hospital even better."

Ontario residents over 18 years are eligible to participate and may purchase up to four tickets for the series at a cost of \$5.00 each. The 50/50 draws occur in a series over several months. To learn more about the Ross Family & Friends 50/50 or to buy tickets, visit the Auxiliary's website, [www.rmh.org/volunteers](http://www.rmh.org/volunteers), or follow the RMH Foundation on Facebook, Twitter or Instagram for updates. Good luck, everyone!



**ROSS MEMORIAL  
HOSPITAL  
Foundation**

*"Yes, I want to support exceptional patient care with a donation to RMH."*

Here is my donation of  \$25  \$50  \$100  Other \_\_\_\_\_ Spr21

I have enclosed my cheque (payable to RMH Foundation)

I prefer to use my credit card. Please use my  VISA  Mastercard

Cardholder's name \_\_\_\_\_ Card # \_\_\_\_\_

Signature \_\_\_\_\_ Expiry: \_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Province \_\_\_\_\_ Postal Code \_\_\_\_\_ Phone \_\_\_\_\_

Email Address \_\_\_\_\_

I would like to direct my gift to:

Highest Priority Needs  Patient Care Equipment  Other: \_\_\_\_\_

I'd like information about how to include RMH Foundation in my Will.

I'd like to make monthly gifts. Please have the Foundation contact me.

Prefer to give online? Please visit [www.rmh.org/foundation](http://www.rmh.org/foundation).

**Thank you!**