



Exceptional **CARING**

The RMHF Gratitude Report

Our Mission:

Partnering with our donors and the community to support exceptional care.

Our Vision:

Inspired donors advancing care close to home.

Spring 2026

What's Inside:

* Donors share **What Matters Most** this holiday

* Giving is a **car**ing legacy for these families

* **WE ARE THE ROSS:** Kawartha Lakes business leaders show support

* Medical staff from RMH and community partners join for an evening of fun and fundraising

From common conditions to critical illness... ultrasound is our 'go to' diagnostic tool, enabling the fastest, safest path forward. It puts...



"Throughout the Ross, in every department, ultrasound helps our teams save lives, guide treatment and improve pain and symptom management."

As Chief of Medical Staff at Ross Memorial Hospital, an Intensivist in the ICU and an expert in the use of ultrasound in critical illness, Dr. Michel Boivin is uniquely qualified to outline the need for leading-edge ultrasound technology. The RMH Foundation is honoured to share Dr. Boivin's spring appeal letter to households throughout Kawartha Lakes.

"Day and night, in diagnostic imaging or at the bedside, we count on ultrasound to diagnose gall stones, early signs of kidney and liver disease, fluid build-up in the lungs, ovarian cysts and blood clots in the veins," said Dr. Boivin. "From blood flow to the functioning of each chamber of your heart, ultrasound helps us see how you're doing."

"The Ross team counts on ultrasound technology for patient care between 40 and 50 times per day at the Ross," said Erin Coons, RMH Foundation CEO. "Right now the hospital needs to update and to grow our fleet of ultrasound machines to meet the needs of our growing patient population. We all count on precision diagnostic imaging when we're sick or hurt. Please watch for Dr. Boivin's letter and make a donation that will ensure patients have access to timely, state-of-the-art imaging, close to home."

Donations can be sent by mail, by phone at 705-328-6146, or online at wearetheross.ca.

Thank you for your generosity and for putting Caring In Action!



RMH Chief of Staff, Dr. Michel Boivin

Kawartha Lakes donors share WHAT MATTERS MOST

Family, community, and knowing help is nearby ... those are the things that matter most to Jeff and Amanda Todd. The response to his holiday appeal letter that was delivered throughout Kawartha Lakes shows that you agree with them!

We are thrilled to report that your generosity helped us to exceed our \$250,000 fundraising goal, raising \$283,675 for the WE ARE THE ROSS campaign priorities!

Having grown up here, moved away for 20 years, and returned to raise his family, Jeff values community. He supports that sentiment as a hockey coach, as a volunteer on the RMH Foundation board of directors, and by giving to the WE ARE THE ROSS campaign.

“Just as you trust your colleagues and teammates, you trust your community. I see the Hospital as a centre for that trust. We all count on Ross Memorial to care for us when we need it most. And to show our gratitude, we give back when the hospital needs us,” said Jeff Todd. “In my finance consulting role, I see how technology helps organizations be more efficient and productive. The same is true at the Ross. Modern systems advance the quality and efficiency of our health care, enabling caregivers to provide more face time with patients. From finance to farming to physicians, we all need the right tools to do our best work.”



Amanda, Wells, Earl, Florence, Frankie and Jeff Todd at their backyard rink.

Honouring a caring legacy with support for critical care



Tara Smith and Imran Syed in the Intensive Care Unit at RMH

It is fitting that family and friends of the late Dr. Azhar Syed connect memories of him with Ross Memorial’s Intensive Care Unit, given that he spent decades providing internal medicine specialist care to patients there before his passing in 2020. It’s also fitting that they honoured Dr. Syed’s memory with a memorial golf tournament, as golf was his great passion.

On December 8, Dr. Syed’s son, Imran, visited the Ross to present the proceeds of the Dr. A. A. Syed Memorial Golf Tournament that took place September 14 at Oliver’s Nest Golf Course in Oakwood. The \$4,109 donation will support the growth of Ross Memorial’s critical care capacity, which is a priority focus of RMH Foundation’s WE ARE THE ROSS capital campaign.

Respiratory Therapy Charge Technologist Tara Smith offered her thanks. Tara helps to provide life-saving care to the sickest patients in the hospital, and she also worked for many years with Dr. Azhar Syed.

“Just as Dr. Syed supported patients at the Ross, providing life-saving care day and night, his family and friends are supporting this important

work with a gift that will help us to modernize our critical care facilities,” said Tara Smith. “We’re delighted that Dr. Syed’s family continues to feel connected to the Ross and on behalf of our patients and families, our thanks to everyone who took part in this fundraising golf tournament.”

Caring and leadership are a family legacy

In 1946, life was changing in the Kawartha Lakes. With the end of the Second World War, families were reuniting and growing; community business and industry launched an era of prosperity; and Ethelreda (Hutton) Morrison from Elm Tree Corners graduated from Ross Memorial's Nursing School, beginning a long career devoted to patient care.

Ethelreda's daughter, Marlene Morrison Nicholls, has been supporting Ross Memorial for more than 30 years with her giving and her time. Marlene was a volunteer member of the RMH Foundation board during the Make Us Better capital campaign, enabling improvements to the Maternity Ward and Intensive Care Unit in 1997. As a local business leader, she supported the Caring For Tomorrow campaign during the hospital's major expansion between 2002 and 2005, and has been active in physician recruitment efforts. Together with her husband, Ken Nicholls, they are continuing to show the family's commitment to the health and wellness of this community through caring and philanthropy, again at a pivotal moment in our local history.

On December 19, Marlene and Ken visited Ross Memorial to present a leadership gift to the WE ARE THE ROSS capital campaign. Their donation will enable critical investments in the hospital's facilities and medical tools and technology, and better prepare the Ross to provide the best care possible to our growing population. We are honoured to recognize the Morrison Nicholls family's caring legacy with Founder level recognition on our new 1902 Society Donor Recognition Wall.

Medical Variety Rounds event highlights helpers

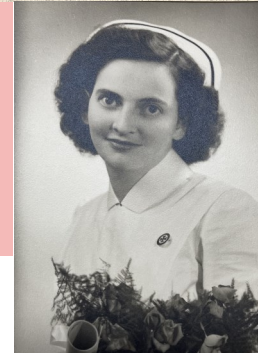
With acts including Surgeon Man, the Specialty Support Line and The Twelve Days of ER, the Medical Variety Rounds Show on December 18 was a resounding success, both in terms of fundraising for the WE ARE THE ROSS capital campaign, and for the connections it built between physicians of all ages and the community they care about.

Through ticket sales and donations, \$3,505 was raised, supporting the future expansion of the Emergency Department and ICU, as well as critical acquisitions that are already in place and impacting care, such as the community's new MRI and CT Scanner, clinical information system and life-saving bedside tools.

The show featured healthcare-themed comedy, musical talent and dancing, showcasing the boundless skills of local physicians supported by a cast from the RMH staff and community partner organizations.



Ken Nicholls and Marlene Morrison Nicholls with Erin Coons at the 1902 Society donor wall. At right: Ethelreda (Hutton) Morrison graduates from RMH Nursing School



WE ARE THE ROSS BUSINESS COMMUNITY



Baker Tilly shows exceptional caring with support for RMH

Baker Tilly is an accounting and advisory firm where balances and bottom lines are not the team's sole focus. They also care about fostering long term relationships with their clients, and they make life better for everyone with support for important community causes.

The RMH Foundation is honoured to be the focus of Baker Tilly's philanthropy in the Kawartha Lakes. On December 4th, RMH Foundation CEO Erin Coons was happy to welcome eight members of the Baker Tilly team to the Ross to celebrate the presentation of their first generous pledge payment to the WE ARE THE ROSS capital campaign.

Baker Tilly's total campaign pledge — \$50,000 over two years — will help fund critical investments that help the Ross Team care for patients in their time of need. These include equipment and projects that are not covered by government funding, such as the future expansion of the Emergency Department and ICU, the new MRI and CT Scanner, the new fleet of IV pumps and the clinical information system.

"Baker Tilly is proud to support the Ross Memorial Foundation and the exceptional work they do to enhance local health care," said Jeff Taylor, Managing Partner at Baker Tilly KDN LLP. "As a firm, we're committed to giving back to the communities where we live and work, and this donation reflects our continued dedication to strengthening the resources that serve our neighbours, friends, and families."



Back row: Jeff Taylor, Mark Mooney, Joanna Park, Adam Jones, Andy Villeneuve
Front row: Tammy Schevers, Erin Coons (RMHF CEO), Mona Malcolm Sharman (RMHF Board Chair), Erik Ellis

Armada Toolworks is advancing care at RMH



Mona Malcolm Sharman, Dan DeSousa, Connie Brown, Chris Van Den Berg (Armada president), Pat Lownsbrough, Richard Hammill, and Erin Coons

Since 1972, Armada Toolworks Ltd has been advancing its design, development and manufacturing skills. Today, this Lindsay based company is a leading supplier of custom made automotive components. They know that having the right tools in the right hands is critical to success.

Support from the Armada Toolworks team for the WE ARE THE ROSS capital campaign will help fund the highest priority investments at Ross Memorial Hospital, ensuring leading-edge technology and tools are available to provide the best possible care in modern facilities.

On Feb. 12, Armada Toolworks president Chris Van Den Berg presented a \$25,000 donation to Erin Coons, RMH Foundation CEO. With Armada Toolworks team members Connie Brown, Dan Desousa, Pat Lownsbrough and Richard Hammill, they celebrated the impact this gift will have on patient care in Kawartha Lakes.

WE ARE THE ROSS BUSINESS COMMUNITY



RWO fundraiser exceeds giving goal

The team at Russell West Optometry (RWO) deserves high fives all around. In five months, their five-to-one matching initiative raised \$5,020 from patients and staff, resulting in a total donation of \$30,020 to the WE ARE THE ROSS capital campaign!

The team launched its CHANGE FOR CHANGE fundraiser in the summer, encouraging patients to donate their change or to add a preferred amount to their invoice. RWO owners Dr. Brett Marchand and Dr. Liana Cooper committed to match their patients' giving five-to-one up to a total of \$25,000.

With the spirit of giving in the air, the \$5,000 goal was exceeded on December 16 thanks to contributions from patients and RWO staff. "We've had so many people asking about the WE ARE THE ROSS messages we have all over the building. When we tell them that we have interactions with the Ross all the time, especially involving stroke patients, they are very eager to support the cause," said Dr. Liana Cooper. "We all have a part to play in our community's health care."



Erik Ellis (RMHF board member), Dr. Brett Marchand, Dr. Liana Cooper and Erin Coons at RWO



Post Church Envelopes supports RMH

RMH Foundation is thrilled to welcome Post Church Envelopes (Division of Wilson & Wilson) to the WE ARE THE ROSS Business Community! For close to 90 years, this business has been bringing the joy of giving to life delivering church offering envelopes around the globe.

With the joy of giving top of mind, Post Church Envelopes has contributed \$2,500 to the WE ARE THE ROSS capital campaign. This venerable business now displays a special 'stamp' of generosity – a WE ARE THE ROSS Business Community window decal!

HTM Agents are Advancing Care close to home

HTM Insurance Agents care about what you care about. Among their core corporate values, they commit to making a difference in their communities. On Nov. 26, that commitment was put into action when Lindsay's HTM Agents presented a \$1,000 donation to Erin Coons, RMH Foundation CEO.

"In 1898, HTM Insurance was formed in the spirit of neighbours helping neighbours," said Amanda Hartin, HTM Agent. "We are proud to support organizations such as Ross Memorial Hospital in our local community."

"With their support for critical investments at the Ross, the HTM Insurance Agents are making a lasting difference in their community and making the Kawartha Lakes an even better place to live and work. We're very grateful!"



Amanda Hartin, Erin Coons, Christine Schiarizza and Cam Atkinson at Ross Memorial

Sandra Jack lived her life with purpose. Caring is her legacy.

Standing atop the CN Tower on July 31, 2021, Sandra Jack celebrated surviving cancer for five years post surgery. More than that, she was paying forward the care she was receiving and fundraising to help more people survive cancer. **Helping others was her lifelong mission.**

Sandra touched lives through her career in education, her public service on municipal council, her advocacy on community committees, and her many passions. These formed a long list: travelling and camping, kayaking, dog shows, time with friends and family – and philanthropy.

Sandra believed in growing services at the Ross to meet the community's needs, and was a champion for municipal support for the hospital's major expansion in 2002. The City of Kawartha Lakes was a significant donor of the Caring For Tomorrow capital campaign, providing \$7 million to double the size of the hospital, expanding the Emergency Department and adding new services including inpatient mental health care, rehabilitation and palliative care.

Upon learning the RMH Foundation was raising funds to help the Ross implement a clinical information system in 2021, she stepped up once again. "I believe that patients, like their health care professionals, need access to their personal medical information in order to be involved in making informed decisions about their own treatment. This has not always been easy to do," Sandra wrote. "While patient-centered care has become the gold standard in medicine today, there are, unfortunately, remaining roadblocks that impede the ability of both patients and their health care teams to access medical information in a timely and holistic manner. This has the potential to negatively impact patient care."

Sandra knew that the real-time connections enabled through the new clinical information system would mitigate those problems. And she knew she could help.

Sandra took great care to write about her patient experience and the importance of having access to her electronic medical records during her treatment. She also left a gift in her Will.

Steve Stewart described his cousin in her eulogy following her death in July 2022. "I think most of all, she will be remembered for her big heart and constant outreach to others. A big part of her life was devoted to giving back through volunteerism and other civic duties. She was not driven by ego or attention seeking, just a strong desire to help out and give back. She remained positive and optimistic right to the end."

Two months before her passing, she reached out to the RMH Foundation to inquire about a hospital project she had read about. A lifelong learner, she worked hard to be well-informed. She was following the news and the elections, and life on the Scugog River. "I'm losing ground in my battle with cancer, but not ready to give up yet! Too much still to do!"

Sandra Jack put her whole heart into everything she did, and her exceptional caring continues to impact others today. Through her giving, her passion continues to make life better for people in the community she loved.



If you want to discuss plans to make a gift in your Will, please contact our team at 705-328-6146.

Given with compassion. Accepted with thanks. Used with care.

When we lose someone dear to us, it can be comforting to share stories of happy times, and to remember the things that made them so special. Often we want to do something special in their memory.

The RMH Foundation is grateful for the generous donations made in memory of these special people:



Walter Allman
Catherine Austin
Celia M. Barfitt
Dean G. Barker
Pearl G. Barry
James D. Batty
Norma Buder
Kelly A. Burger
Leslie P. Butzer
Donna E. Cabell
Lyle A. Campbell
Ross H. Chambers
Yvonne Chambers
Linda Chan
Margaret L. Chessar
Albert J. Chessar
Betty Clark
Irene (René) J. Comeau
Nancy M. Cumming
Doris N. Dames
William Daniels
Barbara M. DeRusha

Thelma G. Endicott
Clinton N. Endicott
Harry Everett
Fiore Fattore
Jackie L. Francis
June C. Gall
Marion Gartner
Grant D. Gibson
Janet M. Griff
Donald A. Grimshaw
Murray B. Hamilton
Kimberly D. Hanna
Marilyn Harris
Joyce E. Helliwell
Joyce Helliwell
Octavia Hirst
Harold D. Hopkins
Jason Jacobs
Kevin J. Jones
Marilyn A. Jones
Bonnie Lamb
Mary C. Lang

John H. Lawrence
Norma Lees
Joel E. Levis
Brian MacDonald
Shawn A. Mahaffy
Aileen L. Mahoney
Barry W. Marr
Audrey McBrien
Hilda McCutcheon
Bill McCutcheon
Tony McFadden
Raymond McLeish
Larry Mennell
Arlene Moore
Wayne F. Morris
Evan Morrison
Ronald K. Neale
Bertram W. Needham
Harold A. Norman
Charlotte O'Brien
Faye O'Neill
Helen Peck

Bruce E. Peck
Ian Pepper
Clare T. Perigoe
Donald W. Perrin
Evelyn I. Reedman
Barbara Reid
Larry G. Robinson
Dorothy L. Robinson
Ilona Sailer
William S. Seltzer
Joan A. Steele
Peter Strybosch
Andrew J. Sutch
Stephen A. Tanner
George H. Taylor
Lorne S. Thurston
Helen C. Torrey
Evelyn J. Walden
James R. Wilson
Beverly A. Winton
Mike Zraiko



Donations made in honour of someone special or in celebration of a milestone event have a ripple effect

A celebration gift to the RMH Foundation expresses to others how much you care. With a celebration gift, you can recognize a loved one's special day or big event, or show gratitude to someone who provided you with exceptional care at RMH. You can also make a donation in lieu of a traditional gift — we can even provide a customized card!

The Foundation appreciates donations made in honour of:

Heidi Annis Dr. Marc Chayer Dr. Catherine Conlin
Dr. Andy Knox Dr. David Lane Garth Mackay Dr. Marina Pretorius
Jayme Sedore Lana Thomas Gerard Winn

We respect your privacy

At the RMH Foundation, we are committed to protecting the privacy of our donors.

We value our donors' trust and recognize that maintaining this trust requires that we be open and accountable in our treatment of the information that you choose to share with us.

We protect your personal information and adhere to all legislative requirements with respect to protecting privacy.

The information you provide will be used to deliver services and to keep you informed and up to date on the activities of RMHF, through periodic contacts.

How to contact us:

RMH Foundation

10 Angeline St. N.
Lindsay, ON K9V4M8

T (705)328-6146

F (705)328-6147

foundation@rmh.org
rmh.org/foundation

Charitable Registration
11912 4121 RR001

Scan the QR Code
and visit us online!



Thank you, Mary Brown's Chicken!

The RMH Foundation welcomes the team from Mary Brown's Chicken in Lindsay to the WE ARE THE ROSS Business Community! On March 10, Peter Patel presented the proceeds of the Mary Brown's Guest Appreciation Event fundraiser on March 4-5. In total, \$1,550 was raised to support critical investments at Ross Memorial Hospital.

"We are grateful to Peter, his team, and everyone who visited the Lindsay restaurant to participate in their Guest Appreciation Event," said Kim Coulter, RMH Foundation Communications Specialist. "When business leaders such as Peter choose to support the hospital through their special events, their giving impacts everyone who lives and works in Kawartha Lakes. Together, WE ARE THE ROSS."



Kim Coulter and Peter Patel at Mary Brown's Chicken in Lindsay

Longing for time on the trails?

The Kawartha ATV Association Charity Poker Run takes place

Saturday, June 6
at Log Chateau Park and
Burnt River Community Centre



Visit www.katva.ca for details.



ROSS MEMORIAL HOSPITAL
Foundation

"Yes, I want to make a difference and help patients get the best care possible!"

Here is my donation of \$25 \$50 \$100 Other _____ Spr26

I have enclosed my cheque (payable to RMH Foundation)

I prefer to use my credit card. Please use my VISA Mastercard

Cardholder's name _____ Card # _____

Signature _____ Expiry: ____/____

Address _____ City _____

Province _____ Postal Code _____ Phone _____

Email Address _____ Email my receipt

I would like to direct my gift to: Highest Priority Needs (Current Appeal)

Patient Care Equipment Other (specific department) _____

I'd like information about how to include RMH Foundation in my Will.

I'd like to make monthly gifts. Please have the Foundation contact me.

Prefer to give online? Please visit www.rmh.org/foundation.

Thank you!