



EXCEPTIONAL CARE IN THE KAWARTHAS

Dear Friend,

I had no idea how sick I was until my knees gave out and I collapsed.

It was early October and I had been battling the flu for a week.

That day, I was freezing right to my bones and I had a fever. Fortunately for me when I fell onto the bathroom floor I was able to call out to my husband, Pete. He found me and called 911.

From the minute help arrived, I felt that I was safe and in good hands. The paramedics were calming and kind and even made me smile.

After being fortunate with 64 years of excellent health, how strange it was to find myself in the back of an ambulance headed for the Ross.

My experience in the Emergency Department is quite foggy. However, I do recall the medical team of doctors and nurses working quickly to assess and diagnose my situation so they could give me the care I needed.

As it turns out, my flu had turned into pneumonia which triggered sepsis. Sepsis happens when your body detects a bacterial infection in your blood and launches a massive immune response. That caused a dangerous, irregular rhythm in my heart.

My condition was life-threatening and I was transferred to the Intensive Care Unit. The care I received there was outstanding. The nurses were compassionate and caring at all times of the day and night. After four days I was stable enough to be transferred to the Medical Unit, but I was still so weak it was hard to move. It was even difficult to eat. I have never felt that kind of debilitation.

Many professionals were involved in my rehabilitation program. They helped me work through every challenge and got me up and moving again. Pete coached my recovery at home and after two months I felt like myself again.

[Please turn over >](#)

10 Angeline Street North, Lindsay, Ontario K9V 4M8 • Telephone: 705-328-6146 • Fax: 705-328-6147



ROSS MEMORIAL
HOSPITAL
Foundation

Yes, I want to support Exceptional Care
in the Kawarthas with a gift to RMH.

www.rmh.org/foundation \$25 \$50 \$100 Other: \$

Name

Address

City..... Province

Postal Code..... Phone

Enclosed is a cheque made payable to the
Ross Memorial Hospital Foundation

Place my donation on my credit card:

VISA

Cardholder's Name

Card #/...../..... Exp/.....

Signature

G17S

Use the enclosed envelope or mail to: 10 Angeline St. N., Lindsay, ON K9V 4M8
Please see other side for information on making monthly donations. All donations
are tax creditable however, tax receipts will not be issued for donations under \$10,
unless requested. Charitable Business Number: 11912 4121 RR0001

I have a new respect for my health and will no longer take it for granted. I also have an incredible appreciation for Ross Memorial Hospital.

That's why I'm telling you my story. I want you to appreciate **your** health – and the teams and tools that are available to help you – right here in the Kawarthas.

The Hospital needs our help, too. Right now the Ross must buy 12 vital signs monitors to take the blood pressure, pulse and oxygen levels of patients receiving critical care. Provincial funding does not cover the cost of these machines - \$87,300. **Will you help?**

We all need exceptional care in the Kawarthas. Please join me by making a donation to the Ross Memorial Hospital Foundation. *Together, we can keep our hospital equipped to care for patients 24/7.*

We have a lot to be grateful for in this beautiful part of the province. We are also very fortunate to have a modern hospital in Lindsay. Let's keep it that way.

I am thankful for the outstanding lifesaving care that I received at the Ross Memorial. I'm thankful to live in such a generous community.

Thank you for your interest and your support.

Sincerely,



Jan Sanderson

P.S. For your convenience, the Ross Memorial Hospital Foundation accepts online donations. Please visit www.rmh.org/foundation for details.

P.P.S. Should you receive another appeal delivered to your home in the near future, I would like to ask for your understanding. The Foundation is delivering unaddressed appeals in many areas so that we can give local residents the opportunity to show their support for the Ross Memorial Hospital. This process occasionally delivers more than one letter per household. **Thank you for your patience.**

I'd like to support Ross Memorial by making monthly gifts

Making a monthly gift can make it convenient and easy for you to lend your support. Your monthly gift supports work done throughout the year and helps us meet a wide variety of patient needs.

I wish to make a monthly gift of:

\$10 \$15 \$20 or \$ per month for months.

Deduct it from my bank account:

I've enclosed a cheque marked VOID. Bank deductions will be made on the 1st of each month.

Signature

Charge it to my credit card: **VISA** 

Cardholder's Name Card Number/...../...../.....

Expiry Date/..... Signature

Make a lasting gift

Please send me information on how I can include Ross Memorial Hospital Foundation in my Will.

I have already included Ross Memorial Hospital Foundation in my Will.

Please send me information on planned gifts which can offer tax advantages now, while providing for the Ross Memorial Hospital Foundation in the future.