



# MAKE THIS YOUR *Moment*

Dear Friend,

Isn't it shocking how our lives can change in a moment? If you or a loved one has ever had a serious health scare, you know what I mean.

I'm so grateful that when it happened to me, I got the care I needed fast.

Exactly one year ago, **I was diagnosed with breast cancer at the age of 43.** One minute, I'm planning holiday-themed lessons for my Kindergarten students and keeping up with my two teenage daughters – and the next, I'm making an appointment with a surgeon.

With my emotions on a rollercoaster, I worked hard to stay positive and stick to my regular routines, but I wanted a plan – **and fast.**

The surgeon at Ross Memorial explained that before we could plan the next step in my care, I needed to have a breast MRI to ensure there were no other tumours. While the MRI did pinpoint another area of concern, a follow-up ultrasound ruled it out. I never thought I'd be so happy to say I had cancer ... *in just one spot!*

The date was set for my surgery: one month after my diagnosis.

That day, imaging technology played a big role in my care once again. I had another ultrasound to insert a guidewire, a mammogram to confirm the guidewire was in the exact location, and radioactive dye was injected to identify my sentinel lymph nodes for the surgeon. So many steps, requiring so many different imaging tools ... **In that moment, I leaned on my faith and put my trust in the healthcare team.**

After my surgery, there were appointments with the medical oncologist and radiation oncologist, followed by a round of 20 radiation treatments, and I'm now on a 5 year course of hormonal therapy. It's humbling to think about how many healthcare professionals are involved in one patient's care, in a team effort that connects many facilities.

I'm so incredibly grateful. Grateful for the care I received, for the support of my family, friends and community, for my good outcome ... *and for the chance to pay it forward.*

[Please turn over >](#)

10 Angeline Street North, Lindsay, Ontario K9V 4M8 • Telephone: 705-328-6146 • Fax: 705-328-6147



ROSS MEMORIAL  
HOSPITAL  
Foundation

**Yes, I want to make this my moment to help others with a donation for a new MRI.**

[www.rmh.org/foundation](http://www.rmh.org/foundation)

\$25     \$50     \$100     Other: \$.....

Name .....

Email my receipt  
Email .....

Address .....

Enclosed is a cheque for the RMH Foundation

City ..... Province .....

Place my donation on my credit card:

Postal Code ..... Phone .....

VISA     MasterCard

G21X

Use the enclosed envelope or mail to: 10 Angeline St. N., Lindsay, ON K9V 4M8  
Please see other side for information on making monthly donations. All donations are tax creditable however, tax receipts will not be issued for donations under \$10, unless requested.

Cardholder's Name .....

Card # ..... Exp ...../.....

Charitable Business Number: 11912 4121 RR0001

Signature .....

This is my moment to help others when they're experiencing a health scare. I'm hoping you'll help, too.

Among the many people who ensure patients like me have access to the best care close to home **are people like you**. It's only with the generous support of donors that our hospital team has the medical equipment and advanced technology it needs to diagnose and treat patients.

Right now, the Ross Memorial Hospital needs to replace our 10-year-old MRI – the scanner that played an important role in my cancer story and helped my surgeon plan my safest path forward.

Our community's MRI impacts lives every day, helping physicians at the Ross diagnose conditions such as stroke, Multiple Sclerosis and breast cancer. MRI also provides the most definitive diagnoses for bone, soft tissue, and joint disorders. **It's a crucial component of our care.**

You may be surprised to learn that provincial funding doesn't cover the cost of a new MRI. That's why I'm writing to you.

**You can make this your moment to impact patient care close to home. Will you make a donation and help fund the cost of a new MRI for our community? The impact of your generosity will be felt by patients of all ages, now and for years to come.**

Over the past year, I took care to take each stage of my cancer treatment one step at a time, focusing on each moment in front of me.

*I believe this moment may be the biggest one yet.* With your help, I want to share my gift of good health with everyone I care about – and even further – with everyone who calls the Kawartha Lakes home.

I hope you will share this gift with your support for the Ross Memorial Hospital Foundation, and pass it on by encouraging your family and friends to do the same. Just as it took a broad healthcare team to help me beat cancer, it takes all of us to ensure the best care is available at our local hospital.

On behalf of so many patients who have benefitted from this caring community, thank you for your generosity. I wish you health and happiness, and many special moments ahead.

Sincerely,

Kate Winn, Grateful RMH Patient

P.S. You can make your gift using the form below or online at [www.rmh.org/foundation](http://www.rmh.org/foundation), for both one-time or monthly gifts. Monthly giving is a convenient way to make your gift in smaller, monthly contributions. Due to the pandemic, it may take a little longer to receive your donation receipt. We appreciate your support – and your patience!

**Monthly giving is convenient and makes it easy to lend your support.**

I wish to make a monthly gift of:

\$25     \$50     \$100    or     \$ ..... per month for ..... months.

Deduct it from my bank account:

I've enclosed a cheque marked VOID. Bank deductions will be made on the 15th of each month.

Signature .....

Charge it to my credit card:     **VISA**   

Cardholder's Name .....    Card Number .....

Expiry Date ...../.....    Signature .....

**Create a Legacy**

Please send me information on how I can include Ross Memorial Hospital Foundation in my Will.

I would like to receive the Foundation Gratitude Report. Here is my email address: .....

**Protecting your Privacy**

*For our complete privacy statement, visit our website, [www.rmh.org/foundation](http://www.rmh.org/foundation).*

I understand that this agreement may be adjusted or cancelled at any time, subject to 10 business days' notice prior to the next processing date, by contacting Ross Memorial Hospital Foundation at 705.328.6146. I have the right to receive reimbursement for any debit that is not authorized. To obtain a sample cancellation form, or for more information on my rights to cancel a PAD Agreement, I may contact my financial institution or visit [www.cdnpay.ca](http://www.cdnpay.ca)