



Dear Friend,

I thought I had pulled a muscle. That would explain why I was limping and in pain, but no matter what I did, it just got worse.

As time went on, the pain impacted every part of my life, from work to my favourite sports.

I've been playing hockey since I was five years old, but I couldn't lean over to tie up my skates. Once I did, I couldn't accelerate on the ice. In the warmer months, I could no longer walk the golf course.

It was our 30th anniversary trip that was the last straw for my wife, Denise. I couldn't walk on uneven ground, so the cobblestones were agony. And the uphill hikes – something we normally look forward to – were impossible for me. As soon as we got home, she insisted I call the doctor.

I never expected that I needed a total hip replacement.

My diagnosis of osteoarthritis had me worrying if I would ever get back to my normal pace and all of the activities that keep me young.

Fortunately, we live in a community with advanced hospital services. In fact, Ross Memorial was the first hospital in Ontario to use the new hip replacement implant technology that got me back up and moving! A top notch team and state-of-the-art diagnostic imaging department helped make it possible.

Dr. Sebastian Heaven did my surgery in January using the new, less invasive femoral stem implant procedure (anterior approach). *Would you believe I came home the same day?* Before I could leave, a physiotherapist made sure I could walk with a walker and go up and down stairs with a cane.

Four weeks later, I didn't need the cane anymore. I'm doing my physiotherapy exercises and looking forward to walking the golf course and hiking the trails with Denise and our friends this summer.

This isn't the first time our lives have been impacted by the care we experienced at the Ross. Both of our girls were born there, and when our parents needed end-of-life care, it was delivered respectfully and with compassion.

The Ross has always been there when we needed it.

be exceptional...
DONATE TODAY

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Yes, I want to support first rate care at the Ross!

www.rmh.org/foundation

\$25 \$50 \$100 Other: \$.....

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Address

Enclosed is a cheque for the RMH Foundation

City Province

Place my donation on my credit card:

Postal Code Phone



G24S

Use the enclosed envelope or mail to: 10 Angeline St. N., Lindsay, ON K9V 4M8
Please see other side for information on making monthly donations. All donations are tax creditable however, tax receipts will not be issued for donations under \$10, unless requested.
Charitable Business Number: 11912 4121 RR0001

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Signature

And the staff are like extended family, especially for Denise, who worked at the Ross for 40 years. From my pre-op appointment to my surgery and the check-ups during my recovery, everyone was professional and friendly, and the familiarity was a comfort. The whole experience has made us appreciate even more that we have access to an exceptional community hospital as we get into our later years. As Denise says, *it's a full service hospital with a small town feel.*

That's one of the reasons Denise and I support the Foundation and help them raise funds for the hospital. I have volunteered with the Ross Memorial Hospital Foundation in many capacities for over 20 years and have recently re-joined the board of directors who are launching the biggest capital campaign in the hospital's history!

With our local population set to double in the next decade, we must ensure the Ross is equipped with the tools and facilities it needs to provide the best care and services.

These high-priority investments include the future expansion and modernization of the hospital's Emergency Department and ICU, the community's new MRI and CT Scanner, bedside equipment including the new fleet of IV pumps, and the implementation of the clinical information system that connects patients' digital health information records to medical technology and bedside tools so every test and treatment is noted in real time and available to the entire care team (and to patients through the MyChart app!)

People don't realize that government funding doesn't cover the cost of this essential equipment and medical technology. It only happens with donations from caring people like you and me.

I want all patients to be able to access the care they need without leaving Kawartha Lakes – just as I did.

Will you support first rate care at our hometown hospital with a donation to the Ross Memorial Hospital Foundation? We don't always know when we'll need the hospital. Together, we can ensure the best medical equipment and facilities are available when those moments arrive.

Denise and I believe in giving back to the community we love and we're glad that we can give to a cause that impacts every person who lives and visits here, now and for years to come.

We hope that you will consider how you can impact patient care in Kawartha Lakes, and make a donation using the tear-off below or online at www.rmh.org/foundation. Every gift makes a difference.

From our family to yours, we wish you good health and happy times ahead.

Sincerely,



Erik and Denise Ellis

P.S. Monthly giving is a convenient way to make your gift in smaller, monthly contributions. By making monthly donations, you can maximize the impact of your giving. Recurring donations help you make affordable gifts that add up to significant contributions over time. **Thank you for your generous support!**

Monthly giving is convenient and makes it easy to lend your support.

I wish to make a monthly gift of:

\$25 \$50 \$100 or \$ per month for months.

Deduct it from my bank account:

I've enclosed a cheque marked VOID. Bank deductions will be made on the 15th of each month.

Signature

Charge it to my credit card: **VISA** 

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Create a Legacy

Please send me information on how I can include Ross Memorial Hospital Foundation in my Will.

I would like to receive the Foundation Gratitude Report. Here is my email address:

Protecting your Privacy

For our complete privacy statement, visit our website, www.rmh.org/foundation.

I understand that this agreement may be adjusted or cancelled at any time, subject to 10 business days' notice prior to the next processing date, by contacting Ross Memorial Hospital Foundation at 705.328.6146. I have the right to receive reimbursement for any debit that is not authorized. To obtain a sample cancellation form, or for more information on my rights to cancel a PAD Agreement, I may contact my financial institution or visit www.cdnpay.ca